**DEPARTMENT OF NUTRITION FOOD SERVICE MANAGEMENT AND DIETETICS**

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| **S.NO** | **NAME** | **DESIGNATION** |
| 1 | Mrs. M. Kathy, M.Sc., UGC NET., | Head & Assistant Professor |
| 2 | Mrs. V. Fathima Thaskin, M.Sc., | Assistant Professor |
| 3 | Mrs. B. Anbarasi, M.Sc., M.Phil., UGC NET., | Assistant Professor |
| 4 | Mrs. J. Gowsiya, M.Sc., M.Phil., | Assistant Professor |

# PERSONAL PROFILE

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| --- | --- |
| **Name** | **M KATHY M.Sc., NET.,** |
| **Designation** | Head & Assistant Professor,  Dept. of. Nutrition, Food Service Management & Dietetics |
| **Father’s name/ Spouse Name** | Mr. Sam Hilton Raj |
| **Date of Birth** | 08.09.1989 |
| **Address for Communication** |  |
| **Office** | M.M.E.S WOMEN’S ARTS & SCIENCE COLLEGE |
|  | HAKEEM NAGAR, |
|  | MELVISHARAM, RANIPET-632509 |
| **Email id.** | **Kathy@mmeswc.edu.in** |

**SCHOLISTIC PROFILE**

|  |  |  |
| --- | --- | --- |
| ***Educational***  ***Qualification*** | ***Institution / University*** | ***Year of***  ***passing*** |
| **UGC NET.,** | UGC | 2014 |
| **M.Sc., Food Service Management & Dietetics** | WOMEN’S CHRISTIAN COLLEGE, CHENNAI/ UNIVERSITY OF MADRAS | 2013 |
| **B.Sc., Nutrition, Food Service Management & Dietetics** | WOMEN’S CHRISTIAN COLLEGE, CHENNAI/ UNIVERSITY OF MADRAS | 2010 |
| **HSC** | CSI BAIN SCHOOL, KILPAUK | 2007 |
| **SSLC** | CSI BAIN SCHOOL, KILPAUK | 2005 |

**TEACHING EXPERIENCE**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **S.No.** | **INSTITUTION** | **From** | **To** | **No. of Years** |
| 1. | CSI EWART WOMEN’S CHRISTIAN COLLEGE | JUNE 2015 | JAN 2019 | 3 YEARS 7 MONTHS |
| 2. | MMES WOMEN’SARTS & SCIENCE COLLEGE | JUNE  2019 | TILL DATE | 4 YEARS |

**JOURNAL PUBLICATIONS**

|  |  |  |  |
| --- | --- | --- | --- |
| **S.No.** | **Title** | **Journal Details** | **Year** |
| 1 | “Effect of Ragi Vermicelli Supplementation on Anemic School Children”. | International Journal of Current Research Vol. 5, Issue, 09, pp.2474-2477, | 2013 |

**Board of Studies (Subject Expert)**

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| --- | --- | --- | --- |
| **S.No** | **College** | **Programme** | **Year** |
| 1 | DKM COLLEGE FOR WOMEN,( AUTONOMOUS) VELLORE | Suggestions For Syllabus Modification- Dept. Of Food And Nutrition | 2021 |
| 2 | DKM COLLEGE FOR WOMEN,( AUTONOMOUS) VELLORE | Suggestions For Syllabus Modification- Dept. Of Food And Nutrition | 2022 |

# STAFF PARTICIPATION DETAILS

1. **Keynote speaker** for one day seminar on **“Awareness on Food Adulteration”** on 16th November 2021 organised by PG & Research Department of Chemistry, C Abdul Hakeem College (Autonomous), Melvisharam.
2. Participated in the **International Webinar** on the topic **“ Gut - Brain Connection: Secret Revealed”** on 2nd October 2021, Organised by Centre for Nutrition, Counselling Research and Extension Activities (CNCREA), Dept. of Home science, Women’s Christian College, Chennai.
3. Participated in the Webinar on the topic **“Medical Nutritional Therapy in Non- Communicable Diseases”** on 07.09.2021 Organised by Dept. of Nutrition, Food Service Management & Dietetics, M.M.E.S Women’s Arts & Science College, Melvisharam.
4. Participated in **National Webinar** to celebrate National Nutrition month, September 2021 on the **topic “ A guide to implement Healthy eating to optimise well nutrition on the road to recovery”** on 25th September 2021, Organised by Dept. of Foods & Nutrition, DKM College for Women, Vellore.
5. Participated in one day **state** **level webinar** on **“Healthy Eating Pattern”** Organised by Dept. of Nutrition, FSM & Dietetics, Marudhar Kesari Jain College for Women, Vanyiambadi on 10.07.2021.
6. Participated in Two Day National Level **Virtual Seminar** on **“The Necessity of NAAC Non-Accredited Institutions to promote Holistic Development of Quality Education”** Organised by IQAC Muthayammal College of Arts & Science in Association with NAAC on 17th & 18th November 2022.

# PERSONAL PROFILE

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| --- | --- |
| **Name** | **V. FATHIMA THASKIN., M.Sc.,** |
| **Designation** | ASSISTANT PROFESSOR |
| **Father’s name** | M VASUDEVAN |
| **Date of Birth** | 05.06.1993 |
| **Address for Communication** |  |
| **Office** | MMES WOMEN’S ARTS & SCIENCE COLLEGE |
|  | HAKEEM NAGAR, MELVISHARAM, |
|  | RANIPET-632509 |
| **Email id.** | Srikavi3111992@gmail.com |

**SCHOLISTIC PROFILE**

|  |  |  |
| --- | --- | --- |
| **Educational**  **Qualification** | **Institution / University** | **Year of**  **passing** |
| Master of  Science  (M.Sc.,) | D.K.M COLLEGE FOR  WOMENS,  SAINATHAPURAM,  VELLORE-632 001. | 2015 |
| Bachelor of  Science  (B.Sc.,) | D.K.M COLLEGE FOR  WOMENS,  SAINATHAPURAM,  VELLORE-632 001. | 2013 |
| Higher  Secondary  Course | E.V.R.N. Govt.Girls.Hr.Sec.  School kosapet ,  Vellore-632 001 | 2010 |
| Secondary  School  Leaving  Certificate | V.K.V.M. Govt.Girls.Hr.Sec.  School Velappadi ,  Vellore-632 001. | 2008 |

**TEACHING EXPERIENCE**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **S.No.** | **INSTITUTION** | **From** | **To** | **No. of Years** |
| 1. | MMES WOMEN’S ARTS & SCIENCE COLLEGE, MELVISHARAM, RANIPET-632509 | 12.12.2016 | TILL DATE | 6 |

**JOURNAL PUBLICATIONS**

|  |  |  |  |
| --- | --- | --- | --- |
| **S.No.** | **Title** | **Journal Details** | **Year** |
| 1 | “Incorporation Organoleptic Evaluation And Microbial Analysis Of Jackfruit Seed Flour Bakery Products And Popularisation Among Consumers” | ICMR Sponsered In International Conference On Omics Technologies In Nutritional Research (OTNR-2018)  (ISBN: 978-81-934054-9-9) | 2018 |

# STAFF PARTICIPATION DETAILS

1. Participated in International Conference on “Nutrigenomics and Nanotechnology” Organized by Department of Foods & Nutrition, Biochemistry, Biotechnology, Marudhar Kesari Jain College for Women, Vanyiambadi on 8th January 2020.
2. Participated in **National Webinar** to celebrate **National Nutrition month**, September 2021 on the topic **“A guide to implement Healthy eating to optimise well nutrition on the road to recovery”** on 25th September 2021, Organised by Dept. of Foods & Nutrition, DKM College for Women, Vellore.
3. Participated in one day **state level webinar** on **“Healthy Eating Pattern”** Organised by Dept. of Nutrition, FSM & Dietetics, Marudhar Kesari Jain College for Women, Vanyiambadi on 10.07.2021.
4. Participated on **International webinar** on the topic” **Sustainable Diets & Food Systems- Global Indian Perspective**” organised by the department of Home Science, Lakshmibai College, University of Delhi on 26th July 2021.
5. Participated in the **Webinar** on the topic **“Medical Nutritional Therapy in Non- Communicable Diseases”** on 07.09.2021 Organised by Dept. of Nutrition, Food Service Management & Dietetics, M.M.E.S Women’s Arts & Science College, Melvisharam.
6. Participated in 3 Day **Faculty Development Program** on **“Creative Thinking”**conducted **by ICT Academy** on 21 December 2022 at M.M.E.S Women’s Arts & Science College, Melvisharam.

# PERSONAL PROFILE

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| --- | --- |
| Name | **Mrs. B. ANBARASI, M.Sc., M.Phil., UGC NET.,** |
| Designation | ASSISTANT PROFESSOR |
| Father’s Name/Spouse Name | Mr. A. MAGESH |
| Date of Birth | 07/06/1987 |
| Address for Communication |  |
| Office | MMES WOMEN’S ARTS & SCIENCE COLLEGE |
|  | HAKEEM NAGAR, |
|  | MELVISHARAM, RANIPET-632509 |
| Email id. | anburahika@gmail.com |

**SCHOLISTIC PROFILE**

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| --- | --- | --- |
| **Educational**  **Qualification** | **Institution / University** | **Year of**  **passing** |
| NET., | UGC | 2014 |
| M.Phil. Foods and Nutrition | DKM COLLEGE FOR WOMEN (AUTONOMOUS) VELLORE/ THIRUVALLUVAR UNIVERSITY | 2014 |
| M.Sc. Foods and Nutrition | DKM COLLEGE FOR WOMEN (AUTONOMOUS) VELLORE/  THIRUVALLUVAR UNIVERSITY | 2009 |
| B.Sc. Nutrition, Food Service Management and Dietetics | ARCOT SRI MAHALAKSHMI WOMEN’S COLLEGE, VILAPAKKAM/ THIRUVALLUVAR UNIVERSITY | 2007 |
| 12th | GOVT.GIRLS HIGHER SECONDARY SCHOOL, THIMIRI/ STATE BOARD | 2004 |
| 10th | GOVT.GIRLS HIGHER SECONDARY SCHOOL, THIMIRI/ STATE BOARD | 2002 |

**DISSERTATION AND THESIS**

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| --- | --- | --- | --- |
| **COURSE** | **TITLE** | **INSTITUTION** | **YEAR** |
| M.Phil. | “A Study on Quality Evaluation and Popularization of Pumpkin seed flour Incorporated Bakery Products” | DKM COLLEGE FOR WOMEN, VELLORE/ THIRUVALLUVAR UNIVERSITY | 2014 |

**TEACHING EXPERIENCE**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **S.No.** | **INSTITUTION** | **From** | **To** | **No. of Years** |
|  | DKM COLLEGE FOR WOMEN (AUTONOMOUS) VELLORE | SEPTEMBER  2009 | AUGUST  2013 | 3YEARS 11 MONTHS |
|  | MMES WOMEN’S ARTS & SCIENCE COLLEGE, | JUNE 2018 | MAY 2019 | 10 MONTHS |
|  | MARUDHAR KESARI JAIN COLLEGE FOR WOMEN, VANIYAMBADI | JULY 2020 | DECEMBER 2020 | 5 MONTHS |
|  | DKM COLLEGE FOR WOMEN (AUTONOMOUS) VELLORE | JULY  2022 | JANUARY  2023 | 6 MONTHS |
|  | MMES WOMEN’S ARTS & SCIENCE COLLEGE, | FEBRUARY  2023 | TILL DATE |  |

**Board of Studies (Subject Expert)**

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| --- | --- | --- | --- |
| **S.NO.** | **College** | **Programme** | **Year** |
| 1 | DKM COLLEGE FOR WOMEN (AUTONOMOUS) VELLORE | Suggestions For Syllabus Modification- PG Dept. Of Foods And Nutrition | 2009-2013 |

# STAFF PARTICIPATION DETAILS

1. Participated in Orientation Program and Delivered **one day Lecture** on **“Family Food Nutrition Security Food Budgeting And Retention Of Nutrients While Cooking”** to Anganwadi Workers at Vellore District.
2. Participated In **IP Awareness/Training Program** Under National Intellectual Property Awareness Mission On November 26, 2022 Organized by Intellectual Property of India.
3. Participated in the Guest lecture on **“COMPUTATIONAL CHEMISTRY: PAST, PRESENT AND FUTURE”**, organised by the PG and Research Department of Chemistry, D.K.M. College for Women (Autonomous), Vellore, Tamilnadu on 10.11.2022.
4. Participated in “One Week International **FDP** on **Research Excellence and Academic Development”** organized by Department of Commerce with Professional Accounting from 01.09.2021 to 08.09.2021.
5. Participated at **State Level Webinar on “BREAST FEEDING** **and MILK BANKING”** at Marudhar Kesari Jain College for Women, Vaniyambadi on 7th August 2021
6. Participated in the One Week **National Webinar** on **“Dr. B. R. Ambedkar’s Perspectives** on State and Society in Contemporary India”from 22 - 28 April 2021 Organized by SATHIYAM SOCIAL SERVICE ORGANISATION (SSSO) (Registered under Trust Act - No: 4/2018) Vellore (D.T),
7. Participated in Webinar on **“Recent Trends in Green Energy Harvesting Technology”** organized by JP College of Arts & Science Run by DMI Sisters, Tenkasi, Tamilnadu, held on 23April 2021.
8. Participated in the **National Level Webinar** On **“Life Scripts”** Organized by Department Of Psychology On 08-09-2020.
9. Participated in **A National Level Panel Discussion** on “**WHAT MAKES A FRESH JOB SEEKER EMPLOYABLE: ATTITUDE - SKILLS - KNOWLEDGE”** Organized by Career Guidance & Placement Cell, Marudhar Kesari Jain College for Women, Vaniyambadi on 29.08.2020.
10. Participated in **A** **National Level Webinar** on **“EMBRACE TECHNOLOGY”** Organized by Placement & Career Guidance cell, Marudhar Kesari Jain College for Women, Vaniyambadi on 17.11.2020.
11. Participated in the **National Level Webinar** On **“Ayush and Medicinal Plants for Future Health Challenges”** Organized by Department Of Biochemistry, Marudhar Kesari Jain College for Women, Vaniyambadi On 08-09-2020.
12. Participated in **A State Level Webinar** on **“OPPORTUNITIES FOR WOMEN”** Organized by Women Entrepreneurship Development Cell, Marudhar Kesari Jain College for Women, Vaniyambadi on 20.08.2020.
13. Participated **“Online E-Quiz on Boost Your Immuno System Through Food to Combat COVID-19”** and successfully completed with a passing score of 55%, organized by the Department of Home Science, Government Arts College for Women, Sivagangai-630 562, Tamil Nadu, India held on May 2020.

# PERSONAL PROFILE

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| Name | **J GOWSIYA M.Sc., M.Phil.,** |
| Designation | ASSISTANT PROFESSOR |
| Father’s name | R.K.JAIRUDEEN |
| Date of Birth | 13.05.1992 |
| Address for Communication | . |
| Office | MMES WOMEN’S ARTS & SCIENCE COLLEGE |
|  | HAKEEM NAGAR, |
|  | MELVISHARAM, RANIPET-632509 |
| Email id. | **gowsiyakhizar@gmail.com** |

**SCHOLISTIC PROFILE**

|  |  |  |
| --- | --- | --- |
| **Educational**  **Qualification** | **Institution / University** | **Year of**  **passing** |
| M.Phil., chemistry | THIRUVALLUVAR UNIVERSITY,SERKADU | 2020 |
| M.Sc., chemistry | AAA COLLEGE,WALAJAPET | 2016 |
| B.Sc .chemistry | AAA COLLEGE,WALAJAPET | 2014 |
| 12th | VRV GIRLS HIGHER SEC SCHOOL | 2010 |
| 10th | VRV GIRLS HIGHER SEC SCHOOL | 2008 |

**DISSERTATION AND THESIS**

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| --- | --- | --- | --- |
| **COURSE** | **TITLE** | **INSTITUTION** | **YEAR** |
| M.Phil., | Synthesis Of Acridinedione-Schiefs Base Conjugates And Their Sensing Studies | Thiruvalluvar University,Serkadu | 2020 |

**TEACHING EXPERIENCE**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **S.No.** | **INSTITUTION** | **From** | **To** | **No. of Years** |
| 1. | MMES WOMEN’S ARTS & SCIENCE COLLEGE, | FEB 2023 | TILL DATE | 4 MONTHS |